

BOX	Catégories	Day 1					Day 2					Day 3				
		Middle					Long					Middle City Race				
		Départ	Distance	Dénivelé	Postes	Echelle	Départ	Distance	Dénivelé	Postes	Echelle	Départ	Distance	Dénivelé	Postes	Echelle
1	HE	Bleu	6480m	140m	21	1/10000	Bleu	10990m	410m	21	1/10000	All Cat	6050m	255m	34	1/4000
2	H21	Bleu	5760m	130m	18	1/10000	Bleu	9800m	310m	17	1/10000	All Cat	5610m	245m	35	1/4000
3	H20 / H35	Bleu	5140m	95m	16	1/10000	Bleu	8830m	315m	18	1/10000	All Cat	5390m	240m	35	1/4000
4	H40 / DE	Bleu	4990m	95m	16	1/10000	Bleu	8240m	310m	16	1/10000	All Cat	5220m	235m	34	1/4000
5	H18 / H45	Bleu	4690m	90m	17	1/10000	Bleu	7910m	310m	15	1/10000	All Cat	5150m	225m	31	1/4000
6	D21 / H16	Bleu	4360m	90m	17	1/10000	Bleu	6810m	270m	15	1/10000	All Cat	4960m	175m	31	1/4000
7	H50 / HB	Bleu	4550m	80m	16	1/10000	Bleu	7490m	240m	14	1/10000	All Cat	4740m	235m	28	1/4000
8	D18 / D20 / D35 / D40	Bleu	4110m	85m	16	1/10000	Bleu	6530m	225m	11	1/10000	All Cat	4600m	230m	29	1/4000
9	H55	Bleu	4270m	80m	17	1/10000	Bleu	6170m	225m	12	1/10000	All Cat	4630m	185m	27	1/4000
10	D16 / D45 / DB / H14	Bleu	3750m	80m	14	1/10000	Bleu	5710m	230m	11	1/10000	All Cat	4710m	150m	31	1/4000
11	D50	Rouge	3500m	25m	12	1/7500	Bleu	5390m	190m	12	1/10000	All Cat	4230m	150m	13	1/4000
12	H60	Rouge	3370m	25m	10	1/7500	Bleu	5970m	250m	11	1/10000	All Cat	4370m	170m	28	1/4000
13	D14 / D55 / D60	Rouge	3020m	25m	10	1/7500	Rouge	4950m	110m	13	1/10000	All Cat	4560m	160m	27	1/4000
14	H65	Rouge	3100m	25m	9	1/7500	Rouge	5430m	160m	13	1/10000	All Cat	4280m	145m	26	1/4000
15	D12 / H12 / DN / HN	Rouge	2780m	30m	10	1/7500	Rouge	3620m	65m	11	1/10000	All Cat	3030m	50m	19	1/4000
16	D65 / D70+ /H70+	Rouge	2810m	30m	10	1/7500	Rouge	3970m	95m	10	1/10000	All Cat	3120m	100m	23	1/4000
17	D10 A&B / H10 A&B	Rouge	2480m	30m	10	1/7500	Rouge	3270m	50m	12	1/10000	All Cat	2900m	50m	19	1/4000
18	SE	Rouge	4030m	45m	12	1/7500	Rouge	4210m	65m	11	1/10000	All Cat	2950m	50m	16	1/4000
19	LE	Bleu	5710m	125m	20	1/10000	Bleu	6750m	210m	15	1/10000	All Cat	4180m	120m	24	1/4000
20	SD	Rouge	3950m	40m	12	1/7500	Rouge	4260m	130m	11	1/10000	All Cat	2960m	120m	19	1/4000
21	LD	Bleu	5970m	140m	18	1/10000	Bleu	6450m	240m	11	1/10000	All Cat	5110m	175m	24	1/4000